



*The mission of Ride 2 Recovery is to provide our nation's injured veterans with a life-changing experience that can impact their lives forever.*

*Riders at Sainte Mere Eglise, France on 2011's Normandy Challenge.*



R2R supports Spinning® Recovery Labs and outdoor cycling programs at Military and VA locations around the U.S. to help injured veterans overcome obstacles they face. Cycling is an important part of the recovery and rehabilitation program for two reasons:

1. Cycling is an activity that almost all patients with mental and physical disabilities can participate.
2. Participation in the Ride 2 Recovery Program helps speed up the recovery and rehabilitation process.

#### R2R 2011 CHALLENGE SCHEDULE

March 2011—Don't Mess With Texas Challenge  
 May 2011—Memorial Challenge  
 June 2011—Normandy Challenge  
 August 2011—Great Lakes Challenge  
 September 2011—9/11 American Challenge  
 October 2011—Golden State Challenge  
 October 2011—Florida Challenge

#### RIDE 2 RECOVERY

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